




La Tercia

restaurante-gourmet




ALLERGEN MENU

HOT STARTERS

Baked provolone cheese

Allergens:  Milk


Grilled vegetables with romesco sauce

Allergens:  Gluten,  Sulfites,  Nuts

Homemade ham croquettes

Allergens:  Gluten, Egg,  Milk




Roasted pig's ear

Allergens:  Nodeclared allergens

Roasted Iberian Torrezno with Potato Revolcona

Allergens:  Nodeclared allergens

Grilled black pudding from Burgos with piquillo pepper sauce

Allergens:  Gluten,  Milk,  Sulfites

Chicken sticks with chips

Allergens:  Egg,  Gluten


Roasted octopus with parmentier

Allergens:  Molluscs,  Milk


Grilled cuttlefish

Allergens:  Molluscs,  Milk

Scrambled eggs with ham

Allergens:  Egg



Authentic chulas, bravas or bravioli potatoes

Allergens:  Milk

Andalusian-style squid

Allergens:  Gluten,  Molluscs

Andalusian-style squid lace

Allergens:  Gluten,  Molluscs

Grilled prawns

Allergens: 🦞 Crustaceans

🥗 COLD STARTERS

Salad of candied tomatoes and burrata cheese with lettuce, lamb's lettuce, arugula and nuts

Allergens: 🌱 Soy, 🌾 Gluten, 🥛 Milk, 🍷 Sulfites, 🥜 Nuts

Tomato salad with red onion and bonito in olive oil

Allergens: ✅ Nodeclared allergens

Salad with garlic prawns, seafood cream and black olive soil

Allergens: 🍷 Sulfites, 🥚 Egg, 🐟 Fish, 🦞 Crustaceans, 🐌 Molluscs,

Cantabrian anchovy

Allergens: 🐟 Fish

🍲 STEWS AND FISH

Castilian soup

Allergens: 🌾 Gluten, 🍷 Sulfites, 🥚 Egg

Tripe with chickpeas

Allergens: ✅ Nodeclared allergens

Cod confit with vegetable ratatouille

Allergens: 🐟 Fish

Tuna tataki with vegetable wok

Allergens: 🐟 Fish, 🌱 Soy, 🌾 Gluten

Cod cochas in green sauce

Allergens: 🐟 Fish, 🍷 Sulfites, 🐌 Molluscs

🍖 MEATS

Suckling pig ingot confit with braised apple and wild asparagus

Allergens: ✅ Nodeclared allergens

Candied pork knuckle

Allergens: 🌾 Gluten

Suckling lamb chops

Allergens: ✅ Nodeclared allergens

Beef tenderloin with truffled mashed potatoes

Allergens: ✅ Nodeclared allergens

Grilled beef entrecôte

Allergens: ✅ Nodeclared allergens

Matured beef burger with toasted goat cheese and caramelized onion

Allergens: 🥛 Milk, 🌾 Gluten, 🍷 Sulfites

📺 DISHES ON REQUEST

Shoulder of suckling lamb with potatoes a lo pobre

Allergens: ✅ Nodeclared allergens

Creamy seafood rice

Allergens: 🐚 Molluscs, 🐟 fish, 🦞 crustaceans

Creamy rice with Iberian secret and mushrooms

Allergens: ✅ Nodeclared allergens

Brothy rice with lobster

Allergens: 🐚 Molluscs, 🐟 fish, 🦞 crustaceans

🍰 HOMEMADE DESSERTS

Carrot cake

Allergens: 🥚 Egg, 🥛 Milk, 🌾 Gluten, 🌰 Tree Nuts

Chocolate Marquise

Allergens: 🥛 Milk

Stout Cake

Allergens: 🍷 Sulfites, 🌾 Gluten, 🥚 Egg, 🥛 Milk

Tiramisu

Allergens: 🌾 Gluten, 🥛 Milk, 🥚 Egg, 🍷 Sulfites, 🌰 Nuts

Ice cream cup

Allergens: 🥛 Milk

Tasting dessert (various desserts)

Allergens: 🌾 Gluten, 🥛 Milk, 🥚 Egg, 🍷 Sulfites, 🌰 Nuts

📌 OFF THE MENU

Cordovan salmorejo with crispy ham

Allergens: 🌾 Gluten, 🥚 Egg, 🍷 Sulfites


Grilled artichoke flower with garlic and ham

Allergens: ✅ Nodeclared allergens

Grilled scallops with garlic-parsley

Allergens: 🐚 Molluscs


Rabbit at low temperature with garlic and rosemary with potatoes a lo pobre

Allergens:  Nodeclared allergens

Beef cachopo with chips

Allergens:  Gluten,  Milk,  Egg,  Sulfites

Beef T-bone steak with french fries

Allergens:  Nodeclared allergens

Beef carpaccio with blue cheese and toasted almonds

Allergens:  Milk,  Nuts