



# La Tercia

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restaurante-gourmet

## ALLERGEN MENU

### 🏡 HOT STARTERS

#### Baked provolone cheese

Allergens: 🥛 Milk

#### Grilled vegetables with romescu sauce

Allergens: 🥬 Gluten, 🍷 Sulfites, 🥜 Tree nuts

#### Homemade ham croquettes

Allergens: 🥬 Gluten, Egg, 🥛 Milk

#### Roasted pig's ear

Allergens: ✅ No declared allergens

#### Roasted Iberian Torrezno with Potato Revolcona

Allergens: ✅ No declared allergens

#### Chef's Pickled Chicken Wings

Allergens: 🍷 Sulfites

#### Roasted octopus with parmentier

Allergens: 🦑 Molluscs, 🥛 Milk

#### Grilled cuttlefish

Allergens: 🦑 Molluscs, 🥛 Milk

#### Scrambled eggs with ham

Allergens: 🥚 Egg

#### Authentic chulas, bravas or bravioli potatoes

Allergens: 🥛 Milk

#### Andalusian-style squid

Allergens: 🥬 Gluten, 🦑 Molluscs

#### Andalusian-style squid lace

Allergens: 🥬 Gluten, 🦑 Molluscs

#### Grilled prawns

Allergens: 🦐 Crustaceans

## ⭐ COLD STARTERS

**Salad of candied tomatoes and burrata cheese with lettuce, lamb's lettuce, arugula and nuts**

Allergens:  Soy,  Gluten,  Milk,  Sulfites,  Nuts

**Tomato salad with red onion and bonito in olive oil**

Allergens:  No declared allergens

**Cantabrian anchovy**

Allergens:  Fish

## ⭐ SPOON DISHES AND FISH

**Castilian soup**

Allergens:  Gluten,  Sulfites,  Egg

**Tripe with chickpeas**

Allergens:  No declared allergens

**Cod confit with vegetable ratatouille**

Allergens:  Fish

**Tuna tataki with vegetable wok**

Allergens:  Fish,  Soy,  Gluten

**Cod cochas in green sauce**

Allergens:  Fish,  Sulfites,  Molluscs

## ⭐ MEATS

**Suckling pig ingot confit with braised apple and wild asparagus**

Allergens:  No declared allergens

**Candied pork knuckle**

Allergens:  Gluten

**Suckling lamb chops**

Allergens:  No declared allergens

**Beef tenderloin with truffled mashed potatoes**

Allergens:  No declared allergens

**Grilled beef entrecôte**

Allergens:  No declared allergens

**Matured beef burger with toasted goat cheese and caramelized onion**

Allergens:  Milk,  Gluten,  Sulfites

## ⭐ DISHES ON REQUEST

**Shoulder of suckling lamb with potatoes a lo pobre**

Allergens:  No declared allergens

**Creamy seafood rice**

Allergens:  Molluscs,  fish,  crustaceans

**Creamy rice with Iberian secret and mushrooms**

Allergens:  No declared allergens

## 🎂 HOMEMADE DESSERTS

**Carrot cake**

Allergens:  Egg,  Milk,  Gluten,  Tree Nuts

**Chocolate Marquise**

Allergens:  Milk

**Stout Cake**

Allergens:  Sulfites,  Gluten,  Egg,  Milk

**Tiramisu**

Allergens:  Gluten,  Milk,  Egg,  Sulfites,  Nuts

**Ice cream cup**

Allergens:  Milk

**Tasting dessert (various desserts)**

Allergens:  Gluten,  Milk,  Egg,  Sulfites,  Nuts